



Watton Medical Practice

## Patient Newsletter

Winter 2023/2024

### Partnership Changes – Dr Oluwatosin Taiwo



We have had two new partners join us at Watton Medical Practice. Dr Oluwatosin Taiwo was previously working as a salaried GP with the practice.

Dr. Taiwo is a graduate of the University of Benin in Nigeria in 2003. A member of the Royal College of Surgeons, he began as an orthopaedic surgeon in Surrey but found his passion in general practice, completing his GP training in 2021. Now settled in Norfolk with his family, Dr. Taiwo brings a personalized touch to his patients' health journey, with a focus on lifestyle medicine and a keen interest in musculoskeletal conditions. Beyond the clinic, he indulges in sporting and family activities, particularly enjoying obstacle course racing and CrossFit exercises. In addition to his medical expertise, Dr. Taiwo is skilled in performing joint injections and minor OP procedures, ensuring comprehensive care for his patients.

### Partnership Changes – Dr Ian Jennings



We have had two new partners join us at Watton Medical Practice. Dr Ian Jennings was previously working as a locum with the practice.

Ian trained at the Royal Free Hospital School of Medicine in London qualifying in 1993. He moved to Norfolk where he completed his training becoming a GP at Elmham Surgery in 1998. Whilst there Ian worked as a civilian medical practitioner looking after the Light Dragoons and Queen's Dragoon Guards based at Roberston Barracks in Swanton Morley. It was here that he developed an interest in, and became qualified in, Occupational Health Medicine. He also worked in motorsport medicine alongside Rob Mackie. In 2016 Ian joined a team to set up a primary care service in Riyadh, Saudi Arabia which was awarded The Best Healthcare Provider in the Middle East in 2017. Ian returned to the UK taking up a partnership in Hunstanton before becoming a locum GP in 2021 and has now joined Watton Medical Practice as a Partner. Ian is married with 2 adult sons. He enjoys motorsports and classic cars. He has a lapsed private pilot's license but still enjoys flying.

### Assistant Practice Manager – Silvana Cassinelli



Silvana has worked within the Breckland Alliance since graduating from the University of Sussex in Biology. She has worked within several roles at the Alliance from Receptionist to Compliance Lead. Her interests include health data and statistics, clinical coding and project management. Silvana has helped to organise and implement the Covid Vaccination campaign in Thetford and Watton. She is looking forward to working with the practice team and improving the patient experience at Watton Medical Practice.

### Staff Starters at Watton Medical Practice

Since our last newsletter, we have had the following staff members join the practice.

- Mark Bilby – Advanced Paramedic Practitioner
- Kezia Wilkinson – Physician Associate
- Dr Ian Jennings – GP Partner
- Jasmine Bolton – Care Navigator
- Silvana Cassinelli – Assistant Practice Manager

## **Measles, Mumps and Rubella (MMR) Vaccine**

The MMR vaccine helps to protect people against measles, mumps and rubella. Measles, mumps and rubella are highly infectious diseases and can cause serious medical complications. We are currently inviting patients who missed their childhood immunisations to help ensure that our patients are protected.

## **Gillick Competence**

Did you know that when a patient turns 16, their parent no longer automatically has access to their medical records? This concept is known as Gillick Competence, and it's an important step in respecting the privacy and autonomy of teenagers as they transition into young adulthood.

Gillick Competence recognises that teenagers can have the capacity to make informed decisions about their own healthcare. It's a vital principle in healthcare ethics and legal practice, ensuring that young people have the right to confidential medical care and consultations.

What does this mean for parents? While it might seem like a big change, it's all about fostering trust, communication, and open dialogue between parents and their teens. It encourages discussions on health, well-being, and the importance of taking responsibility for one's health.

What you need to know:

At 16, teens can make their own healthcare decisions.

They can talk to doctors privately.

It's all about trust and open communication.

## **NHS App**

The NHS app gives you a simple and secure way to access a range of NHS services. This includes ordering repeat prescriptions, viewing your GP health record, registering your organ donation decision and viewing your NHS number.

If you need help setting this up on your phone, please speak to a member of our reception team.

## **Did You Know...**

We have a blood pressure kiosk in the waiting room. This means that you do not need an appointment to check your blood pressure. The machine links with your clinical records and is reviewed by our team, if for any reason you needed an appointment to discuss your blood pressure we would contact you to book this.

## **Health Campaigns**

The covid autumn booster campaign has now ended. 3756 of our eligible patients received their covid booster.

Flu vaccinations are still available at the practice to any patients who are eligible and still yet to receive this. If you would like to discuss the vaccine further, please speak to reception. So far, 5176 of our eligible patients have received their flu vaccine.

## **Electronic Prescription Service (EPS)**

Most of our prescriptions are now completed electronically rather than on the traditional green prescription paper. EPS allows the clinician to send prescriptions electronically to a pharmacy nominated by you. This makes the prescribing and dispensing process more efficient and convenient for patients and healthcare workers.

If you cannot attend your appointment, please contact the surgery to let us know.

From 01 October to 31 December, 686 appointments were missed.